



Friday 28<sup>th</sup> June 2024

Dear TSM Families,

Mental health and wellbeing is such an important part of our TSM education and this week we have provided children with non-stop focus on how to take care of their minds, bodies and emotions. We have welcomed in the Coram PSHE team, the 52 lives kindness charity and Hampshire Police to enrich the pupil's week and their understanding of this really important topic.



### Coram Scarf life education workshops

*On Tuesday morning, we had a visit from Caroline from Coram workshops. She helped Willow class to understand the importance of wellbeing and looking after our mental health. We learned how to respond kindly not only to others but also to ourselves. Also about how we feel is related to different hormones and why they may be triggered. It was a fun and motivating experience allowing us to feel more confident in our feelings.*  
By Ysé Clarke.



### Year 3 Outdoor Learning

This week's Year 3 outdoor learning focused on the making of potions and perfumery. The children enjoyed using a variety of natural plants and created their own 'unique' potions and perfumes! And some might have even made it home!



## Yew Class Outdoor Learning.

Yew Class got outdoors to investigate shadows in Science. We first played a game where an instruction was called out and groups of two or three had to form a shadow to satisfy certain criteria, for example make a shadow with three legs, make your shadows touch hands even though they aren't actually touching etc. We then investigated how shadows change over three different times of the day - 10:30, 12:10 and 3:20 and discussed our findings.



## Well-being Week – 52 Lives School of Kindness Visit



This week, we had a visit from the charity 52 Lives ([www.52-lives.org](http://www.52-lives.org)) and their School of Kindness! We learned that kindness has three qualities – being friendly, generous and considerate. We learnt about the science of kindness and the positive impact it has on our physical and mental health - perfect for our well-being week! Next, we practised empathy by watching videos and hearing stories of kindness in action and then we said kind things to each other in the hall. To put our kindness into action, we thought of someone we knew who could do with a little kindness. We then made them something in our classrooms and plan to give it to them this week. Finally,

we looked at the quote 'be the change that you want to see in the world' and decided that we can help to create the kind of world we want to live in. The School of Kindness has a Kids' Club which is free to join where you will get a free newsletter with kind challenges, stories, activities, jokes, competitions and videos to watch. Just visit [www.schoolofkindness.org/kids-club](http://www.schoolofkindness.org/kids-club) to sign up.



## E-safety for Year 5 and 6

On Wednesday afternoon, we welcomed two officers from the local Hampshire police to present to our oldest children the important topic of the challenges of staying safe online and how to protect themselves. The children discussed confidentiality, risks, game access and the use of mobile devices. A huge thank you to PC Hills and her team for their time and expertise!



Mobile devices are a hot topic in all school communities and if you have not yet heard of the 'Smart Phone Free Childhood' campaign, then please do follow the link below:

<https://smartphonefreechildhood.co.uk/>



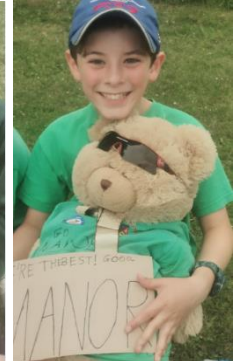
## Sports Day

Sports day is one of the year's absolute highlights for the whole TSM community and we were very proud of all our pupils for their enthusiasm and engagement. Every child participated with joy and courage! Congratulations to...

Point's award: The Finches

Sportsmanship award: Oliver and Marley





Kind regards,

Sophie Davies  
Headteacher



## Star of the Week

Class	Name	Reason
Ash	<u>Otilie</u>	For showing respect during our wellbeing workshops this week.
Beech	Rosie	For brilliant questioning skills during reading sessions. Well done!
Sycamore	Henry	For his wonderful kindness shown to his peers and amazing motivation in DT this week.
Willow	Theo	For great improvement in his reading and comprehension.
Yew	Tess	For kindness shown to others this week and showing great enthusiasm for our outdoor learning activity.



## Roll of Honour

Class	Name	Reason
Ash	Barnaby	For being a fantastic 'Team Bee' during the run up to Sports day, by making wonderful posters.
	Lucy	For her passion for reading in class. Lucy has developed her 'Incy Independence' to read and share books in Ash class.
Beech	Rory	For brilliant historian skills – suggesting ways we can find out about the past.
	Winnie	For contributing thoughtful ideas during our wellbeing discussions.
Sycamore	Isla	For showing wonderful kindness during our wellbeing workshop and always!
	<u>Bronnie</u>	For being incredibly kind and caring towards peers always being ready to help.
Willow	Emma	For showing great creativity and kindness in our kindness workshop and beyond.
	Vincent	For creating a marvellously original invention in the kindness workshop.
Yew	Bobby	For his enthusiasm while making an ambitious prop for our Buggy Malone play.
	Hugo	For challenging <u>himself</u> to solve some tricky Japanese puzzles in Maths ( <u>Futoshiki</u> puzzles.)



## PTA Update

### Raffle Prize Plea!

Do you have any raffle prizes that you could donate to the PTA? Please let the PTA team know by emailing them on [twyfordstmaryspta@gmail.com](mailto:twyfordstmaryspta@gmail.com)

The draw will be at the colour run on Friday 12th July and your generosity is a huge support for our fundraising! Thank you!

### Colour run and summer fair - Friday 12th July @ Ballard Close - Runs starting at 3.30 / 4 / 4.15 / 4.30pm

The 'Colour Run' involves undertaking an exciting obstacle course whilst brightly coloured powder paint and water is thrown at the participants.



As we saw last year, this is lots of fun for the children and provides fantastic photo opportunities!

There will be music, BBQ, bar, snacks and summer fair games for families to enjoy. Card machines will be available but please bring cash.

We are asking for a donation of £6.50 to cover the cost of the colour run supplies and to raise much needed funds for our wonderful school.

Siblings, family and friends are all welcome to purchase a ticket and join in the fun!

Tickets are available under each starting time and places are limited. Entry wristbands will be handed out on the day of the colour run upon receipt of a signed disclaimer which will be sent home in due course.

Further details to follow.

**Tickets are available to purchase now:** <https://www.pta-events.co.uk/tsmpta>

See you there!

**The PTA**

<b>Dates for your diary: Summer Term</b>	
<b>3<sup>rd</sup> June – 15<sup>th</sup> July</b>	Forest School – Year 3. (Letter sent to parents on 23.05.24)
<b>1<sup>st</sup> July</b>	<b>Inset day 5</b> – school closed to pupils
<b>9<sup>th</sup> July</b>	<del>KS2 Performance at the Church, 1.30pm (Cancelled)</del>
<b>10<sup>th</sup> July</b>	KS1 Trip to Gosport and Fareham Inshore Rescue Service (Details to Follow)
<b>10<sup>th</sup> July</b>	KS2 Performance at the Church, <b>9.30am</b> (Details to follow)
<b>11<sup>th</sup> July</b>	KS2 Performance at the Church, <b>1.30pm</b> (Details to follow)
<b>12<sup>th</sup> July</b>	Transition Morning
<b>12<sup>th</sup> July</b>	PTA Event – Colour Run and Summer Fair (Details in this School Bell and email sent 5 <sup>th</sup> June)
<b>12<sup>th</sup> July</b>	End of Year Reports sent home
<b>16<sup>th</sup> July</b>	TSM Music Concert, 2pm (Details to follow)
<b>17<sup>th</sup> July</b>	Open Book Look, 3.30pm (Details to follow)
<b>18<sup>th</sup> July</b>	Volunteer ‘Thank you’ Afternoon Tea, 2.45pm (Details to follow)
<b>18<sup>th</sup> July</b>	Community ‘Goodbye to Mrs Davies’ at the church, 4.30pm (Details to follow)
<b>19<sup>th</sup> July</b>	PTA Event - Pre Loved Uniform Sale, 3.30pm on Top playground
<b>19<sup>th</sup> July</b>	Year 6 Leavers Party, after school (Details to follow)
<b>22<sup>nd</sup> July</b>	Year 6 Leavers Service at School, 2pm (Details to follow)
<b>23<sup>rd</sup> July</b>	Last Day of Term
<b>29<sup>th</sup>, 30<sup>th</sup> &amp; 31<sup>st</sup> July</b>	Summer Holiday Club – book your spaces now!
<b>5<sup>th</sup>, 6<sup>th</sup> &amp; 7<sup>th</sup> August</b>	Summer Holiday Club – book your spaces now!
<b>Dates for your diary: Autumn Term</b>	
<b>2<sup>nd</sup> September</b>	<b>INSET Day 1</b> – School closed to pupils
<b>3<sup>rd</sup> September</b>	First day of Autumn Term