## **Week Three Menu**

Served weeks commencing: 18<sup>th</sup> Nov, 9<sup>th</sup> Dec



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	<b>Mexican Chicken</b> Rice  Green Beans  Tomato Salsa	Pasta Bolognaise  Peas  Cauliflower	Ham Pizza  Herby Potatoes  Sweetcorn  Coleslaw	Toad In the Hole  Gravy Roast Potatoes Carrots Broccoli	Fish Fingers  Chips Peas Baked Beans and Ketchup
VEGETARIAN	Vegetable Enchilada Rice Green Beans Tomato Salsa	<b>Macaroni Cheese</b> Peas  Cauliflower	<b>Mixed bean Fajita</b> Herby Potatoes  Sweetcorn  Coleslaw	Vegetarian Lasagne  Gravy  Roast Potatoes  Carrots  Broccoli	Vegetable Fingers  Chips Peas Baked Beans and Ketchup
JACKET POTATO / PASTA DISH	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of either filling  Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of either filling  Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce
SANDWICH	White Bap with your choice of Cheddar Cheese	White Baguette with your choice of Ham	White Sandwich with your choice of Egg Mayonnaise	White Sandwich with your choice of Ham	White Baguette with your choice of Cheddar Cheese
DESSERTS	Cinamon Nachos	Yoghurt and Fresh Fruit	Yoghurt and Fresh Fruit	Chocolate Cookie	Fruity Friday

## **AVAILABLE DAILY:**

Choice of Wholemeal Bread, Fresh Salad Bar, Water, Fresh Fruit, Fruit Yoghurt and Fruit Jelly.



