SUGGESTED CLOTHING LIST AND ADDITIONALS

- Waterproof coat/jacket
- At least 3 warm jumpers or sweatshirts
- o 3-4 t-shirts, one long sleeved
- o 3-4 pairs of jogging/tracksuit bottoms/shorts/jeans, one long pair
- Two pairs of comfortable trainers one pair that can be worn for water-based activities or agua shoes
- Wellington boots (depending on weather forecasts)
- o Gloves or mitts, thick socks
- Slippers for indoors
- o Pyjamas and a dressing gown
- o Socks and underwear enough to change daily plus extra!
- Wash bag we will expect the children to shower regularly and clean their teeth morning and evening
- o 2 towels
- Swim wear to wear under wet suit (wet suits provided)
- o Labelled wallet
- Bin bag for dirty washing
- Water bottle
- o Duvet cover & duvet OR sleeping bag; pillowcase & pillow; single under sheet
- High factor waterproof suncream/lip salve and a sun hat
- Warm hat
- o Torch
- Digital camera (optional)
- Magazines, comic, notebook or a book to read, cuddly toy (optional)

PLEASE label ALL clothing and equipment!

PLEASE DO NOT LET CHILDREN BRING:

- Electronic games
- Mobile phones
- Jewellery (except a watch)